



Wandering suggestions

Tip 1 Cavaglia - Selva - Poschiavo (high-altitude pat)

Approach: by train (RhB) to Cavaglia
Route: Cavaglia (1703m)-Braitia (1820m)-Urgnasch-Selva (1458m)-Poschiavo (1014m)
Time: approx. 5 hours
Return: by train (RhB) from Poschiavo
Hints: wonderful views of the Vally of Poschiavo. Restaurants at Cavaglia and Selva. Possibility of accommodation in Cavaglia and Selva.

Tip 2 Poschiavo - San Romerio - Brusio

Approach: by train (RhB) to Poschiavo
Route: Poschiavo (1014m)-Cologna-Val Terman (1412m)-San Romerio (1794m)- Viano (1281m)
Time: approx. 5 hours
Return: by train (RhB) from Brusio. Mini-coach from Viano to Brusio on request.
Hints: eventful wandering to the pilgrimage church of San Romerio (12th century). Restaurant and lodging possibilities at San Romerio and Viano. Splendid panoramic views.

Tip 3 Brusio - Viano - Tirano (smugglers' path)

Approach: by train (RhB) to Brusio. Mini-coach from Brusio to Viano upon request.
Route: Viano (1281m)-Sass dal Gal-Baruffini-Tirano (448m)
Time: approx. 2 hours
Return: by train (RhB) form Tirano
Hints: panoramic view of Brusio and its characteristic round viaduct. Descent to Tirano through typical terraced vineyards. Don't forget identity card or passport!

Tip 4 Poschiavo - Le Prese - Miralago

Approach: by train (RhB) to Poschiavo
Route: Poschiavo-Annunziata-Le Prese-Cantone-Miralago
Time: approx. 1 ½ hours
Return: by train (RhB) from Miralago
Hints: wonderful nice and even walking along the river and the left side shore of the lake to Miralago. Restaurants with sunny terrace at Le Prese and Miralago.

Tip 5 Ospizio Bernina - Alp Grüm

Approach: by train (RhB) to Ospizio Bernina
Route: Ospizio Bernina (2253m)-Sassal Mason (2355m)-Belvedere-Alp Grüm (2091m)
Time: approx. 2 ½ hours
Return: by train (RhB) from Alp Grüm
Hints: path with rich alpine flora along Lago Bianco and to the famous vantage point of Sassal Masone. Panoramic view of the Palü glacier and the Valley of Poschiavo. Restaurants at Sassal Mason, Belvedere and Alp Grüm.

Tip 6 Cavaglia - Val Pila - Poschiavo

Approach: by train (RhB) to Cavaglia
Route: Cavaglia (1703m)-Val Pila-Praïrol (1982m)-Puntalta-La Möglia (1492m)-Angeli Custodi (1113m)-Poschiavo
Time: approx. 5 hours
Return: by train (RhB) from Poschiavo
Hints: exacting wandering through game preserve to the Puntalta ravine with its glacier potholes and down to the dreamy village of Angeli Custodi. Restaurants and possibility of accommodation in Cavaglia and in San Carlo.

Tip 7 Le Prese - Selva- Poschiavo

Approach: by train (RhB) to Le Prese
Route: Le Prese (966m)-Torn (1429m)-Selva (1458m)- Poschiavo
Time: approx. 4 hours
Return: by train (RhB) from Poschiavo
Hints: magnificent wandering through shady woods and along alpine pastures to the high plateau of Selva. Restaurants in Selva with lodging possibilities and Madreda.

Tip 8 Val da Camp (nature reserve)

Approach: by train (RhB) to Ospizio Bernina or Poschiavo. Post coach to Sfazù or La Rösa.
Route: Sfazù (1622m)-Lagh Saoseo (2028m)-Lagh Viola (2159m)-Terzana-Pozzolascio (1552m)
Time: approx. 5 hours
Return: by post coach from Sfazù
Hints: several small clear lakes complete the natural beauty to an harmonic picture. Restaurants and accommodation possibilities in Lungacqua and Alp Camp.

Tip 9 Miralago - Brusio

Approach: by train (RhB) to Miralago
Route: Miralago (965m)-Garbela (1110m)-Brusio (789m)
Time: approx. 2 hours
Return: by train (RhB) from Brusio
Hints: the varied path leads through the gigantic landslide, with a wonderful view on the unique viaduct of the Bernina railway. Restaurants in Miralago, Garbela, Miravalle and Brusio.

General reference: - Map 1: 40 000 Valposchiavo with wandering suggestions
 - Wandering book „Oberengadin“, (Terra Grischuna)